

# DuPage Women's Fair

Dedicated to enhancing the well-being & dynamic lifestyle of all women!

**Tuesday, September 25**

**10:00 a.m. to 4:00 p.m. (in the mall)**

at

YORKTOWN CENTER

THE SHOPS ON BUTTERFIELD

Presented by

State Representatives

**PATTI BELLOCK  
& SANDY PIHOS**

Table & Hospitality Sponsorship from



**Adventist  
Hinsdale Hospital**  
Keeping you well



**Advocate**

Good Samaritan Hospital for Sound Stage Sponsorship

- ◆ DRAWINGS ◆ FREE HEALTH ASSESSMENTS INCLUDING DIABETES, HEARING, ARTHRITIS & BLOOD PRESSURE SCREENINGS ◆ FOOD SAMPLING ◆ PROMOTIONS
- ◆ INFORMATIVE SPEAKERS ◆ BODY FAT ANALYSIS ◆ ONE-MINUTE MANICURES
- ◆ DRIVER'S LICENSE & STATE ID RENEWALS ◆ MAKE-OVERS

Time	Speakers	Topic
10:00 a.m.	Introductions	State Representatives Patti Bellock and Sandy Pihos
10:10	Dr. Jan Remer-Osborn	Women and Emotional Eating
10:25	Rick Veenstra-DuPage State's Attorney Office	School Safety
10:40	Good Samaritan PT	Total Control Core Strengthening for Back and Pelvic
10:55	Diane Semprevivo, DNSc	Perinatal Health
		<b>PRIZE DRAWING*</b>
11:10	Environmentalist Kay McKeen	Safe Household Cleaning/improving Air Quality
11:30	Advocate Good Samaritan Health & Wellness Center	NIA Demonstrations-Catherine Ehret
11:40	Advocate Good Samaritan Health & Wellness Center	Facial Exercises
11:50	Advocate Good Samaritan Health & Wellness Center	Life in Balance Presentation
12:00 p.m.	Advocate Good Samaritan Health & Wellness Center	Yoga on the Go Demo-Donna Granback
		<b>PRIZE DRAWING*</b>
12:10	Dr. Stephanie Marschall	Sun Protection: The Foundation for Healthy Skin
		<b>PRIZE DRAWING*</b>
12:30	Andrea Metcalf	Channel 5 Fitness Team
12:50	Madeleine Van Hecke, PH.D	"Blind Spots: Why Smart People Do Dumb Things"
1:10		<b>PRIZE DRAWING*</b>
1:30	Kendra Erven-Physical Therapist	"Bladder Health-More than Just Kegels!!"
1:50	Brio Tuscan Grille	Food Demo/tasting
2:05	Robert ListECKI-Pharmacist	Hormone Therapy
2:20	Marta Bleich	Homeland Security and Emergency Preparedness
2:35	Nourish MedSpa-Dr. Ronald Lawton	<b>PRIZE DRAWING*</b>
2:50	DOC Wine Bar	Food and Wine pairings
3:10	Janet Noncek	Tobacco Health Education
3:20	Rosecrance Treatment Center	Women and Substances
3:30	Dr. Barbara Loeb	Empowerment for Women
3:50	Closing	State Representatives Patti Bellock and Sandy Pihos
		<b>PRIZE DRAWING*</b>

*\*Special Thanks to the following businesses for their generous donations:*

Capitol Grille, Brio Tuscan Grille, RA Sushi, Lucky Strike, Sequel, Whitehall Jewelers, AVON, Flat Top Grill, Emporium Luggage, Nourish Med Spa, The Picture People, Simply Beautiful Day Spa & Caribou Coffee.